



formentera

FORMENTERA  
A CHILD-FRIENDLY  
ISLAND



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# FORMENTERA

Formentera is undoubtedly,  
the top destination to visit and enjoy  
unforgettable holidays with your family and children.



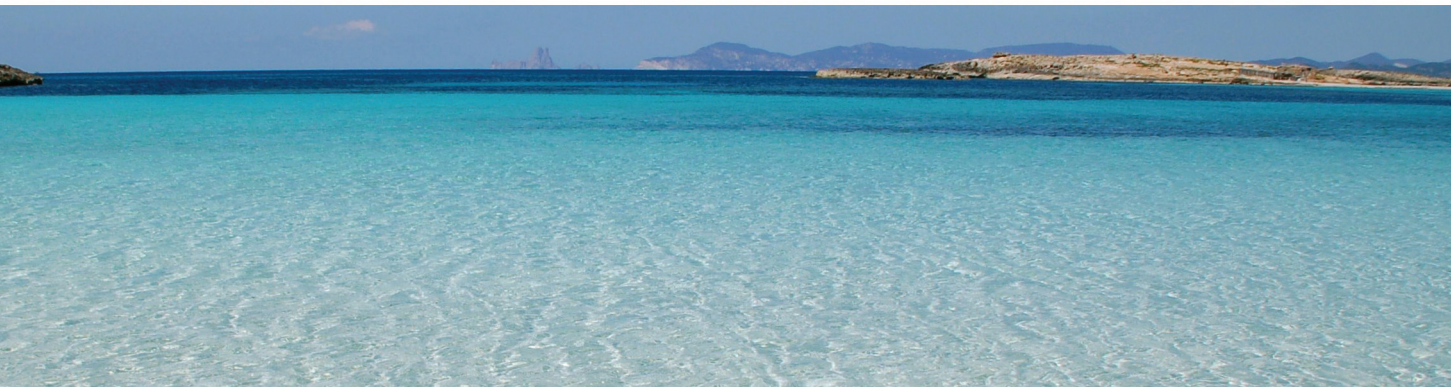
The turquoise, tranquil and warm waters and the perfectly preserved environment make it a true paradise for the entire family.

The incomparable beauty of its coastline, the absence of construction on its coast, and the almost wild state of conservation of its dunes, set Formentera apart from other Mediterranean destinations. We can enjoy beaches of paradisiacal beauty with all the services and safety we need.

**Formentera's** good weather all year round allows you to enjoy every corner of the island and swim in the sea at any time of the year. In spring, the island is at its best to enjoy its magnificent light and incredible colour. Far from the seasonal overcrowding, a sunset or a simple look at the sky and the sea becomes a unique spectacle that, in itself, justifies a visit to the island.

**Formentera** can boast of having a sea with hardly any waves thanks, in part, to the large barrier of Posidonia Oceanica that surrounds it and which, in addition to filtering the water, leaving it free of impurities and crystal clear, cushions the force of the sea waves. A great variety of colourful fish come close to the shore and swim very close to us, allowing us to see them with the naked eye, providing adults and children with an endless number of unique experiences.

The **Estany des Peix** is one of the existing lakes in **Formentera**, located near the port of La Savina. With a small open connection to the sea, it is the ideal place to be with small children, as its shallow depth and the warm temperature of the water offers the security and tranquillity we want for our children.







## Best beaches to visit with children



### **Cavall d'en Borràs, Ses Illetes, Tanga**

(Natural Park)

Beaches with white sand and shallow turquoise waters. From mid-May to mid-September you need to pay a small fee to enter the park with a car or a motorbike. Pedestrians, bicycles and electric vehicles can enter free of charge.

### **Cala Saona**

A natural bay surrounded by low cliffs and jetties in good condition. The contrast of the red rocks and the aquamarine blue of the sea is amazing.



### **Estany des peix**

A small lake that opens out to the sea through a small canal with little beaches and shallow waters, with hardly any waves, and the water temperature is slightly higher than the sea. Ideal for small children and babies during the hours when it is not too sunny, and with appropriate sun protection.



### **Ses Canyes (Es Pujols).**

With its fine sand and turquoise waters, it is a beautiful shell- shaped beach between the Rocabella and Sa Roqueta Hotels, with little sections of rocks, clear blue waters and easy access from the walkway.

### **Es Arenals (Migjorn).**

One of the most popular tourist beaches, renowned for its beauty and easy access. Two colours characterise this beach: the turquoise blue of its crystalline waters, and the white sand from which it takes its name.

### **Ses Platgetes (es Caló).**

It is close to the fishing village of Es Caló de Sant Agustí. With easy access, fine sand, and transparent tranquil waters, provided that the north wind is not blowing.



Specially adapted beaches for persons with reduced mobility: Es Pujols and Es Arenals. Please check the state of the beaches at [www.platgesdebalears.com](http://www.platgesdebalears.com)

# ACTIVE TOURISM IN FAMILY



The active tourism offer makes the island the perfect place to combine sport and land activities with sea activities. On the island there are different active tourism companies that provide activities and learning courses for children from 4 years old such as:



### **WATER SPORTS**

Centro Náutico Formentera - + 34 627478452 - [www.centronauticoformentera.com](http://www.centronauticoformentera.com)

Wet 4 Fun - +34 609766084 - [www.wet4fun.com](http://www.wet4fun.com)

### **SCUBA DIVING**

Vell Mari - +34 971321205 - [formentera@vellmari.com](mailto:formentera@vellmari.com)

Orcasub - +34 971328001-639601839 - [www.orcasub.com](http://www.orcasub.com)

Formentera Divers - +34 971180562 - [www.formenteradivers.com](http://www.formenteradivers.com)



### **HORSE RIDING**



Horse riding is a way to enjoy the island in its natural environment. For those who love horse riding, parents and children can enjoy pleasant rides on the island's various country roads throughout the year.

Es boxets: Riding tours for adults and children. +34 669 572 896 - [www.rutasesboxets.com](http://www.rutasesboxets.com)

Club Hípic Can Savines (classes only) - +34 625 998 372 - [hipicaformentera@hotmail.com](mailto:hipicaformentera@hotmail.com)

### **BIRDS AND NATURE:**

At the Can Marroig Information Centre, flora and fauna are within everyone's reach. There are various interactive activities to arouse children's curiosity, such as listening to different sounds of nature, touching different textures of animals and plants, etc. Ideal for a picnic: in the shade of the nearby pine forest, you will find play equipment, benches and wooden tables, where you can have a barbecue during the autumn and winter period (15 October to 15 March).



Can Marroig Information Centre: This centre organises activities to make people aware of the natural and cultural values of the Ses Salines Natural Park (flora, fauna, salt lakes, heritage, etc.). Guided excursions can be booked free of charge + 34 971 30 14 60 ext. 3 - [espaisdenatura@gmail.com](mailto:espaisdenatura@gmail.com)



### **HIKING:**

Disfruta Formentera.

Excursions het hele jaar door. +34 686 459 054 - Disfruta Formentera op Facebook.



The 32 green routes across the island are very varied. If you want to go cycling with children, we recommend routes of 30 minutes without inclines, so that they do not get too tired. By cycling and walking, you can enjoy beautiful landscapes alternated with, for example, defence towers from the time of the pirates, which will certainly appeal to the children's imagination. On the way, you will pass by places with a great variety of birds and vegetation, sand dunes and bushes that give shelter to endemic fauna, which in essence, allow for a walk in direct contact with nature. A particular landscape of sabine trees with capricious shapes and the peculiar configuration of the fig trees will spark children's imagination. The grandeur of lighthouses on the edge of majestic cliffs and old windmills are sure to attract their attention as well.

When planning excursions with children, always bear in mind their physical abilities.

Find the map of the 32 green routes at [www.formentera.es](http://www.formentera.es). This map is also available at the various Tourist Information offices on the island.

### Bike routes and short walks

**Route 1:** From Camí de sa Guia to Es Trucadors

Distance: 3.4 km Altitude: 4m

On foot: 50 min. | By bike: 15 min.

| Easy

Start from the salt marshes, passing through Sa Sèquia and follow the path to Sa Guia. Enjoy the landscape of junipers, typical sand dune vegetation and the aquamarine waters. If you feel like it, you can continue walking as far as Es Trucadors, the long strip of sand that joins the easterly and westerly parts of the island.

**Route 2:** Camino des Brolls

On foot: 70 min. | By bike: 25 min.

| Easy

Distance: 4.5km Altitude: 23m

This route circumvents the big salt lake known as Estany Pudent. Discover Ses Salines and the path to Es Brolls which borders most of the lake, a unique spot for walking, and for watching the flamingos, grey herons and mallards.

**Routes 8, 10 and 11 (final part):  
Cap de Barbaria**

On foot: 30 min. | By bike: 10 min.

| Easy

Parking available at km point 6.5  
This route goes to the lighthouse Faro de Es Cap and the Garroveret watch tower. The landscape looks almost like a desert, with a narrow road, the distant lighthouse in the

centre, and the blue sea beyond it.

When you arrive at the lighthouse, to the right you will find the entrance to a famous cave, with stunning views of the sea and the sunset.

**Route 25: Camino de sa Pujada**

On foot: 80 min. | By bike: Not

suitable | Difficult

Distance: 4km Altitude: 161m

Starting from Es Caló, take the old historic path that was formerly used to get to La Mola before the present road was built. As you climb you will be able to enjoy the best views of the island, of the Racó de Sa Pujada and the Pou des Verra.





Formentera also has a large sports hall that is open all year round. The hall has a heated swimming pool with two pools; a large 25m sports pool and a small pool where children can experience water activities for the first time. You can swim freely with your children. Admission is free for children up to 4 years of age. Tennis courts, basketball courts, a skating rink, football pitches and several sports halls are publicly available and can be hired for birthday parties, children's events, etc. Also on some holidays, such as the Fiestas del Carmen in La Savina, San Jaume in Sant Francesc Xavier (see the events calendar at [www.formentera.es](http://www.formentera.es)) the little ones can enjoy entertainment and shows, treasure hunts, fancy dress parties and many more activities specially planned for them.

### **Poliesportiu Antoni Blanc**

av. de Porto-salè s/n

tel. +34 971 32 12 40

[poliesportiu@conselldeformentera.cat](mailto:poliesportiu@conselldeformentera.cat)

In the summer season, the different Sport Clubs offers various sports camps, basketball activities, tennis, synchronised swimming, etc., both for residents and tourists, which allow the little one to enjoy their holidays while doing sports.

### **Club de Tennis Illa de Formentera**

Tennis and paddle courts

+34 971 32 36 28 - +34 636 230 666

[tenisillaformentera@gmail.com](mailto:tenisillaformentera@gmail.com)

### **Club de Pádel Illa de Formentera**

Hotel Cala Saona paddle courts

+34 628 036 157 | [clubpadelilladeformentera@yahoo.es](mailto:clubpadelilladeformentera@yahoo.es)



### Playgrounds with swings and amusements

- Es Pujols: Behind the Tourist Office
- La Savina: Plaza de Ses Illes Pitiuses
- Sant Francesc: Av. Portossaler, by the library
- Sant Francesc: Av. Vuit d'Agost, in front of the school
- Ses Bardetes (Sant Francesc): Carrer Cala Saona



### Restaurants with swimming pool\*

- Barbarroja (Migjorn)
- Café del Lago (La Savina)
- Es Pins (Migjorn)
- Florit (Estany des Peix)
- Las Dunas Playa (Migjorn)
- Me gusta (Es Pujols)
- Ses Eufabietes (Migjorn)

\* Restaurant customers can use the swimming pool.

### Programme of activities for children (concerts, cinema, exhibitions)

[www.agendaformentera.cat](http://www.agendaformentera.cat)

### Family hotels

Hotels with children's clubs and entertainment activities:

- Insotel Club Maryland
- Insotel Formentera Playa
- Riu La Mola





From May to October, the craft markets, with musical performances, act as a meeting point on the island, attracting many families. You'll find everything from jewellery to wooden toys that the little ones will love.

On Saturdays in August and September, the Sant Ferran market organises children's activities such as clown performances, storytelling, circus shows and workshops. The open-air cinema is another attractive option for a summer evening.



## Cultural visits

### Lighthouse of La Mola

Cultural and educational visitor centre.

Open from Tuesday to Sunday (from 11 am to 2 pm)

and Wednesdays and Sundays from 5 pm to 9 pm.

Closed on Mondays. Entry €4.5 and concessions €2.5



### The Ethnographic Collection

Tuesday to Saturday from 10:00 to 13:30

### Molí Vell de la Mola,

Tuesday to Saturday, from 10:00 to 13:00, free admission

### Torre des Pi des Català


make an appointment to visit at:

[coneixpatrimoni@conselldeformentera.cat](mailto:coneixpatrimoni@conselldeformentera.cat)



Davis Shaw





As far as accommodation is concerned, there are more than 150 options offering visitors a wide choice. You can choose from hotels, small guesthouses, B&Bs, holidays houses or flats, all of which are very suitable for families. A house in the traditional architectural style of the island situated in the natural park of Ses Salines, a holiday home in the countryside or accommodation in one of the various urban centres, no more than 20 minutes by car from the furthest point of the island, will allow you to enjoy all kinds of activities in comfort. More information on [www.formentera.es](http://www.formentera.es)

For more information on activities and events, please check the updated agenda at [www.agendaformentera.cat](http://www.agendaformentera.cat).









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